



# Massage Certification Program

Massage Therapist owned and operated for 40 years, the Idaho School of Massage Therapy (ISMT) offers a non-accredited entry-level Massage program registered with the State Board of Education. We recognize a need and growing market for knowledgeable, skillful graduates who also possess the “trifecta” of attributes for success in massage therapy: professionalism, a business plan and

communication skills. We offer students day and evening classes in a Massage Program that exceeds Idaho’s Massage Therapist License education requirements and features modalities from both western and eastern disciplines. (See [www.ibol.idaho.gov](http://www.ibol.idaho.gov) for details.) Be advised that Massage Licensing requirements vary by state and we cannot guarantee transfer of credit from or to any other schools.

Located at the heart of Treasure Valley, in Meridian close to the Eagle Rd. exit, ISMT’s comprehensive curriculum continues to be an ideal balance of clinical and wellness applications from relaxation to rehabilitation. Our in person classes are taught by experienced, qualified faculty who focus on the skills and competencies necessary for the safe and effective delivery of therapeutic massage and bodywork. The Western coursework builds upon the fundamentals of Swedish techniques, Connective Tissue /Deep-Tissue and Sports massage with a solid base of human body sciences, while the Eastern coursework (Asian and Reflexology) holistically provide the energetic aspect. The allied modalities of Craniosacral, Lymphatic facilitation, Visceral and Geriatric massage are effective, gentle, complementary therapies for both wellness and treatment models. Fulfill the program **in this order** to minimize completion time:

DATE	COURSES	HOURS	TOTAL
<b>Trimester A</b> September 9-December 17, 2024 <i>Open House: 8/21/24 4 pm</i> <b>Registration &amp; Orientation:</b> August 21, 2024 5-7 pm	Anatomy (50), Physiology (50) Swedish (38), Bodywork 101(36) Hydrotherapy (15) Record keeping (SOAP) (5) First Aid/CPR (8) Supervised Student Clinic (35)	<b>100</b> <b>74</b> <b>15</b> <b>5</b> <b>8</b> <b>35</b>	      <b>237 Hrs</b>
<b>Trimester B</b> January 6-April 8, 2025 <i>Open House: 12/17/24 4 pm</i> <b>Registration &amp; Orientation:</b> December 17, 2024 5-7 pm	Kinesiology (38), Pathology (40) Bodywork 102 (55) Business I/Ethics (28), Research Literacy* (9) SOAP (5), Movement (10) Supervised Student Clinic (35)	<b>78</b> <b>83</b> <b>9</b> <b>15</b> <b>35</b>	      <b>220 Hrs</b>
<b>Trimester C</b> April 21-June 28, 2025 <i>Open House: 4/08/25 4 pm</i> <b>Registration &amp; Orientation:</b> April 08, 2025 5-7 pm * Includes Case Study	Reflexology* (15), Asian bodywork (33) Geriatric massage (12), Craniosacral (12) Sports (15), Lymphatic facilitation (12) Visceral massage (12), Business II (27) Movement (10), SOAP (5) Supervised Student Clinic (40)	<b>48</b> <b>24</b> <b>27</b> <b>39</b> <b>15</b> <b>40</b>	      <b>193 Hrs</b>
<b>Massage Therapy Program</b>	<i>Approximately 10 months to complete this schedule.            Supplies and Books additional \$800 estimate only.</i>	<b>Tuition \$9,720</b>	<b>650 Hours</b>
+ Elective: Connective Tissue Bodywork 55 hours July 7 – August 28, 2025; \$990			



## 2024-25 Tuition, Cancellation and Attendance Policy

### Tuition Payments and Refunds:

ISMT does not accept any Federal student aid monies. We accept tuition payments on a pay-as-you-go or class-by-class basis. Alternatively, State funds may be available through Job Service or Vocational Rehabilitation and military personnel or their spouses may qualify for funding through the Veteran's Administration, GI benefits; check on your eligibility.

**Tuition fees are not paid up front** or in advance of classes therefore refunds do not apply.

Tuition fees do not include books and/or supplies. Student obtains these on their own (see Book List.)

### Class tuition payments on a "pay as you go" or class-by class basis, as follows:

- **1/2 and 1/2:** 50% of *tuition is due at the 1/2 and end* point of each Trimester or class.
- See Day or Evening Class Schedule, "Class Payments" for details.

A student that follows the schedule of classes and payments will complete the program with no outstanding debt to the school in approximately 10 months, with Trimester A start point.

### Cancellation, Withdrawal, or Dropped classes:

A student may "drop" or "withdraw" from a class in writing ***before the 1/2 point of class transpires; thus voiding the class, and incurring no tuition.*** Withdrawal from a class beyond this point (50% or greater) will incur tuition fees though zero credit hours accrue and is effective on the date and time of receipt of written or emailed official notification, not the date of last class attendance.

- Withdrawals/drops at 0% - 49 % of a class: No tuition is owed.
- Withdrawals/drops at 50% - 59% of a class: Tuition is owed for class transpiring up to receipt of written drop notice, calculated at \$18.00/class-hour.
- Withdrawals/drops at 60% - 89% of a class: Tuition is owed, at \$20/class-hour.

Consider this official notice that certifications and transcripts can and will be held back if tuition and/or fees are owed the school.

**TOTAL Tuition** for classes comprising the 650-hr. Massage Program Certification:

**All TUITION PAYMENTS total \$ 9,720**

- \$ 100 Application/Registration Fee is, non-refundable,** and not included in tuition.

Each student shall obtain their own books, supplies and provide proof of Student insurance (through massage trade associations: AMTA, AMBP, or equivalent at their own expense.) See Admission Requirements. Books and supply costs are not included in the tuition ( See Book and Supply List.)

- Attendance:** Students shall not miss more than 10% of class. Makeup time is available by appointment with ISMT Staff, with a minimum 60% class attended. 1 hour of Makeup = 3 hours of classroom time at a cost of \$30/hr. 70% or higher minimum competency for class credit, given upon completion when applicable tuition and/or fees are paid in full.

- "Work-off" a portion of your tuition** doing supervised Student Clinic massages on campus beyond the 110-hour requirement. Some restrictions apply, see Student Clinic Syllabus for detail.

- Transfer Credit may be available** for classes "substantially equivalent." Course transcripts and syllabus required. Business I/Ethics and Student Clinic hours are non-transferrable. We cannot guarantee transfer of credit to/from other schools. Inquire about course "Challenge": a fee of \$30/course applies. Courses may be taken individually with **completion of the admission process** in its entirety. See Admission Requirements. **Contact Phone: (208) 342-3430, also (208) 343-1847; email: [ismtclinic@gmail.com](mailto:ismtclinic@gmail.com).**

- Students Enroll/Register in person at the specified date/time for each trimester.** See page 1.

# Idaho School of Massage Therapy

## EVENING

## 2024-25 CLASS & TUITION SCHEDULE

### TRIMESTER A

Sep 09 – Dec 17, 2024    Student Orientation: Aug 21, 2024    5-7 pm

CLASS	DATE/TIME	Hours	Cost \$	Class Payments	
Anatomy	Sep 9 - Dec 16;                      Mon                      6-9 pm	50	900	10/31/2024 \$ 450	12/16/2024 \$ 450
Swedish	Sep 10 - Oct 17;                      Tu, Thur                      6-9:20 pm	38	684	9/28/2024 \$ 342	10/17/2024 \$ 342
Physiology	Sep 11-Dec 16;                      Wed                      6-9 pm	50	900	11/01/2024 \$ 450	12/16/2024 \$ 450
Hydrotherapy	Sep 21, Oct 19 9:30-5 pm, Nov 9, Dec 14; <b>Sat 10:45-1:45 pm</b>	15	270	10/19/2024 \$ 135	12/14/2024 \$ 135
First Aid/CPR	Sep 28 <b>Sat 9-5:00 pm</b>	8	144	09/28/2024 \$ 72	09/28/2024 \$ 72
Bodywork 101	Oct 22 – Dec 3;                      Tu, Thur                      6-9 pm	36	648	11/06/2024 \$ 224	10/19/2024 \$ 131.25
Record Keeping A	Nov 9 & 16 (SOAP) <b>Sat 12:30-2:30 &amp; 9-12 pm</b>	5	90	11/16/24 \$ 45	11/16/24 \$ 45
Student Clinic Modality: Swedish	Signup for 2 <sup>nd</sup> , 3 <sup>rd</sup> & 4 <sup>th</sup> <b>Sundays</b> beginning Nov am/ pm shifts	<u>35</u>	<u>\$ 0</u>	<b>No cost to student</b>	
	<b>Trimester A</b> (½ due 10-31-24 and 12-17-24) <b>Total</b>	<b>237</b>	<b>\$ 3,636</b>	<b>(\$1,818 = 1/2)</b>	

### TRIMESTER B

Jan 6 – Apr 7, 2025

Student Orientation: Dec 17, 2024    5-7 pm

CLASS	DATE/TIME	Hours	Cost \$	Class Payments	
Pathology	Jan 6 – Apr 7;                      Mon                      6-9 pm	40	720	02/17/2025 \$ 360	04/07/2025 \$ 360
Bodywork 102	Jan 7 – Mar 2;                      Tu, Thur                      6-9 pm	55	990	02/04/2025 \$ 495	03/02/2025 \$ 495
Kinesiology	Jan 8 – Apr 3;                      Wed                      6-9 pm	38	684	02/12/2025 \$ 342	04/03/2025 \$ 342
Movement	Jan 11, 25, Feb 8, 22, Mar 8, 22, Apr 5 <b>Sat 9:30-10:30 am</b>	10	180	02/22/2025 \$ 90	04/05/2025 \$ 90
Business I/Ethics	Jan 11, 25, Feb 8, 22, Mar 8, 22, Apr 3; <b>Sat 10:45-2:45 pm</b>	28	504	02/22/2025 \$ 252	04/03/2025 \$ 252
SOAP B	Mar 13, 18    Tu, Thur                      6-9 pm	5	90	03/13/2025 \$ 45	03/18/2025 \$ 45
Research Lit.	Mar 25, 27 & Apr 1                      Tu, Thur                      6-9 pm	9	162	03/27/2025 \$ 81	04/01/2025 \$ 81
Student Clinic Modality: Connective Tissue bodywork/ SW	Signup for 2 <sup>nd</sup> , 3 <sup>rd</sup> & 4 <sup>th</sup> <b>Sundays</b> am or pm shifts	<u>35</u>	<u>\$ 0</u>	<b>No cost to student</b>	
	<b>Trimester B</b> (½ due 02-20-25 and 04-07-25) <b>Total</b>	<b>220</b>	<b>\$3,330</b>	<b>(\$1,665 = 1/2)</b>	

### TRIMESTER C

Apr 21 - Jun 28, 2025

Student Orientation: April 08, 2025    5-7 pm

CLASS	DATE/TIME	Hours	Cost \$	Class Payments	
Reflexology	Apr 21 – May 13;                      Mon                      6-9 pm	15	270	04/28/2025 \$ 135	05/13/2025 \$ 135
Asian Bodywork	Apr 22 – May 28;                      Tu, Thur                      6-9 pm	33	594	05/06/2025 \$ 297	05/28/2025 \$ 297
Movement	Apr 26 – Jun 28 <b>Sat 9:30-10:30 am</b>	10	180	05/17/2025 \$ 90	06/28/2025 \$ 90
Business II	Apr 26 – Jun 28 <b>Sat 10:45-2:45 pm</b>	27	486	06/14/2025 \$ 243	06/28/2025 \$ 243
Sports & SOAP C	Apr 30 – May 28 Wed 6-9 & May 3, Jun 26 <b>Sat 10:45</b>	20	360	05/14/2025 \$ 180	05/28/2025 \$ 180
Lymphatic Fac.	May 19 – Jun 16;                      Mon                      6-9 pm	12	216	06/02/2025 \$ 108	06/16/2025 \$ 108
Geriatric Massage	May 29 – Jun 19;                      Thur                      6-9 pm	12	216	06/05/2025 \$ 108	06/19/2025 \$ 108
Craniosacral	Jun 3 – Jun 24;                      Thur                      6-9 pm	12	216	06/10/2025 \$ 108	06/24/2025 \$ 108
Visceral Massage	Jun 4 – Jun 25;                      Wed                      6-9 pm	12	216	06/11/2025 \$ 108	06/25/2025 \$ 108
Student Clinic Modality: Reflexology, Asian bodywork	Signup for 2 <sup>nd</sup> , 3 <sup>rd</sup> and 4 <sup>th</sup> <b>Sundays</b> ; am or pm shifts.	<u>40</u>	<u>\$ 0</u>	<b>No cost to student</b>	
	<b>Trimester C</b> (½ due 05-22-25 and 06-28-25) <b>Total</b>	<b>193</b>	<b>\$2,754</b>	<b>(\$1,377 = 1/2)</b>	

Class meets as scheduled **except**: Thanksgiving, Christmas, New Year's Day, Easter, and Memorial Day

# Idaho School of Massage Therapy

## DAY

## 2024-25 CLASS & TUITION SCHEDULE

### TRIMESTER A

Sep 10– Dec 17, 2024

Student Orientation: Aug 21, 2024 5-7 pm

CLASS	DATE/TIME	Hours	Cost \$	Class Payments	
Anatomy	Sep 10-Dec 17; Tu 9-12 pm	50	900	10/31/2024 \$ 450	12/17/2024 \$ 450
Swedish	Sep 10 - Oct 17; Tu, Thur 12:30-3:50 pm	38	684	09/28/2024 \$ 342	10/17/2024 \$ 342
Physiology	Sep 12 - Dec 17; Thur 9-12 pm	50	900	11/1/2024 \$ 450	12/17/2024 \$ 450
Hydrotherapy	Sep 21, Oct 19 9:00-5 pm, Nov 9, Dec 14; Sat 10:45-1:45 pm	15	270	10/19/2024 \$ 135	12/02/2024 \$ 135
First Aid/ CPR	Sep 28 Sat 9 – 5 pm	8	144	09/28/2024 \$ 72	09/28/2024 \$ 72
Bodywork 101	Oct 22 - Dec 3; Tu, Thur 12:30-3:30 pm	36	648	11/07/2024 \$ 324	12/03/2024 \$ 324
Record Keeping A	Nov 9 & 16 (SOAP) Sat 12:30 & 9 – 12 pm	5	90	11/16/2024 \$ 45	11/16/2024 \$ 45
Student Clinic Modality: Swedish	Signup for 2 <sup>nd</sup> , 3 <sup>rd</sup> & 4 <sup>th</sup> Sundays starting Mid-Nov. am or pm shifts	35	0	No cost to student	
<b>Trimester A</b> (½ due 10-31-24 and 12-17-24) <b>Total</b>		<b>237</b>	<b>\$ 3,636</b>	<b>(\$1,818 =1/2)</b>	

### TRIMESTER B

Jan 7 – Apr 8, 2025

Student Orientation: Dec 17, 2024 5-7 pm

CLASS	DATE/TIME	Hours	Cost \$	Class Payments	
Pathology	Jan 7 - Apr 8; Tu 9-12 pm	40	720	02/18/2025 \$ 360	04/08/2025 \$ 360
Bodywork 102	Jan 7 – Mar 2; Tu, Thur 12:30-3:30 pm	55	990	02/04/2025 \$ 495	03/02/2025 \$ 495
Kinesiology	Jan 9 – Apr 3; Thur 9-12 pm	38	684	02/13/2025 \$ 342	04/03/2025 \$ 342
Movement	Jan 11,25, Feb 8,22, Mar 8,22, Apr 5 Sat 9:30-10:30 am	10	180	02/22/2025 \$ 90	04/05/2025 \$ 90
Business I/Ethics	Jan 11,25, Feb 8,22, Mar 8,22, Apr 5 Sat 10:45-2:45 pm	28	504	02/22/2025 \$ 252	04/05/2025 \$ 252
SOAP B	Mar 13 & 18 Tu, Thur 12:30-3:30 pm	5	90	03/13/2025 \$ 45	03/18/2025 \$ 45
Research Literacy	Mar 25, 27 & Apr 1 Tu, Thur 12:30-3:30 pm	9	162	03/27/2025 \$ 81	04/01/2025 \$ 81
Student Clinic Modality: SW/Connective Tissue bodywork	Signup for 2 <sup>nd</sup> , 3 <sup>rd</sup> & 4 <sup>th</sup> Sundays am or pm shifts	35	\$ 0	No cost to student	
<b>Trimester B</b> (½ due 02-20-25 and 04-07-25) <b>Total</b>		<b>220</b>	<b>\$3,330</b>	<b>(\$1665 =1/2)</b>	

### TRIMESTER C

April 22 - Jun 28, 2025

Student Orientation: April 08, 2025 4-6 pm

CLASS	DATE/TIME	Hours	Cost \$	Class Payments	
Reflexology	Apr 22-May 13; Tu (and 1 Thur) 9-12 pm	15	270	04/29/2025 \$ 135	05/13/2025 \$ 135
Asian Bodywork	Apr 23-May 28; Tu, Thur 12:30-3:30 pm	33	594	05/09/2025 \$ 297	05/28/2025 \$ 297
Movement	Apr 26 – Jun 28; Sat 9:30-10:30 am	10	180	05/17/2025 \$ 90	06/28/2025 \$ 90
Business II	Apr 26 - Jun 28 w/Job Fair Sat 10:45-2:45 pm	27	486	06/14/2025 \$ 243	06/28/2025 \$ 243
Sports & SOAP C	May 1 –May 29; Thur 9-12 pm & May 3 Sat 10:45 am	20	360	05/15/2025 \$ 180	05/29/2025 \$ 180
Lymphatic Fac.	May 20-Jun 17; Tu 9-12 pm	12	216	06/03/2025 \$ 108	06/17/2025 \$ 108
Craniosacral	May 29- Jun 19; Thur 12:30-3:30 pm	12	216	06/05/2025 \$ 108	06/19/2025 \$ 108
Geriatric Massage	Jun 3 - Jun 24; Tu 12:30-3:30 pm	12	216	06/10/2025 \$ 108	06/24/2025 \$ 108
Visceral Massage	Jun 5-Jun 26; Thur 9-12 pm	12	216	06/12/2025 \$ 108	06/26/2025 \$ 108
Student Clinic Modality: Reflexology, Sports, Asian bodywork	Signup for 2 <sup>nd</sup> 3 <sup>rd</sup> & 4 <sup>th</sup> Sundays to completion; am or pm shifts.	40	\$ 0	No cost to student	
<b>Trimester C</b> (½ due 05-22-25 and 06-28-25) <b>Total</b>		<b>193</b>	<b>\$2754</b>	<b>(\$ 1,377 =1/2)</b>	

Class meets as scheduled except: Thanksgiving, Christmas, New Year's Day, Easter and Memorial Day

## Required Book and Supply List for 2024-25

### Trimester (A) – Books and Supplies: September – December

All costs are subject to change, estimates only and based on new cost as provided by Amazon.com. Used texts are acceptable. Obtain your own books and supplies prior to class start from resources of your choosing. Bring your own blanket, pillow, linens and lotion to class.

#### General supplies for all classes:

Paper, pencil, pen, college ruled note paper, composition journal, 3 ring binder

<u>Class</u>	<u>Required Books</u>	<u>Supplies</u>	<u>Estimated Cost</u>
Physiology Anatomy	* The Massage Connection: Anatomy & Physiology and Study Guide 3 <sup>rd</sup> ed. (K. Premkumar) *Physiology Coloring Book *Anatomy Coloring Book 4 <sup>th</sup> edition (Kapit) *Trail Guide to the Body and Student Handbook, 5 <sup>th</sup> ed. (Biel)	Colored Pencils General supplies	\$59 Massage Conn. \$20 Study guide \$20 Phys. Coloring Bk \$20 Anat. Coloring Bk \$50 Trail Guide Body \$27 TG Student handk \$6 Colored pencils \$15 <u>General supplies</u>
Swedish Bodywork 101 Hydrotherapy Student Clinic	Tappan’s Handbook of Massage Therapy, Blending Art and Science, 6 <sup>th</sup> edition (Benjamin). Optional Access card for video library is sold separately. (MyPearsonsLab)	<b>4 sets linens (for Tri A)</b> <b>Blanket</b> <b>pillow</b> <b>Laundry bag</b> <b>Lotion/oil</b>	\$105 Tappan’s (access card for video library is sold separately at Pearson's Publishing) \$110 Linens/bedding \$25 Lotion/oil
Business I / Ethics	Business Mastery 5 <sup>th</sup> edition (Sohnen-Moe)	General supplies Laptop recommended	\$37 Business Mastery
Movement	n/a	General supplies	See general supplies
<b>Student insurance is required</b> , see below for providers			\$50 minimum
<b>Trimester A – Books (\$338) + Supplies (\$156)+ insurance (\$50) = \$544</b>			

**Each Student is required to obtain and provide proof of coverage:**

**Student Insurance** thru an approved professional massage therapy association such as ABMP <http://www.abmp.com> or AMTA <http://www.amtamassage.org> .

Trimester A is the recommended starting point for the massage program. Trimester A classes are only offered September to December each year. *Massage is a very physical career.* Be advised that increasing core strength is recommended outside of and in addition to this course of study. These foundational classes emphasize *medical terminology and body sciences; massage theory, effects, benefits, guidelines and techniques of Swedish massage as well as ethics and business.* *Movement classes are required for focus, strength and flexibility of mind and body.*

**Campus location:** 3551 E. Overland Rd., Ste. A, Meridian, ID 83642. (208) 342-3430 (Silverstone Business park; Inside Idaho Physical Medicine & Rehabilitation building.)

## Idaho School of Massage Therapy

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### **Trimester (B) – Required Books and Supplies: January – April**

All costs are subject to change, estimates only and based on average new and used costs. Used texts are considerably less and a great option. Obtain your books and supplies prior to class start from resources of your choosing. Cost is based on continued use of select Trimester A books, general supplies, additional linens, lotions and student insurance. Laptop recommended.

#### **General supplies for all classes:**

Paper, pencil, pen, college ruled note paper, composition journal, 3 ring binder

<b><u>Class</u></b>	<b><u>Required Books</u></b>	<b><u>Supplies</u></b>	<b><u>Estimated Cost</u></b>
Pathology Research Literacy	A Massage Therapists Guide to Pathology, 7th ed. (Werner)	General supplies	\$ 49 MT Guide to Pathology \$5 <u>General supplies</u>
Bodywork 102 Kinesiology	*The Balanced Body: A Guide to Deep Tissue and Neuromuscular Therapy (Scheumann) 3 <sup>rd</sup> ed. *Basic Clinical Massage Therapy; (Clay/Pounds) 2nd *Trail Guide to the Body and Student Handbook	2 sets linens (additional for Tri B) Lotion/oil Bring personal pillow and blanket to class (from Tri A)	\$61 Balanced body \$54 Basic Clinical See Trimester A  See Trimester A  See Trimester A
Business II	Business Mastery 5 <sup>th</sup> ed; (Sohnen-Moe)	General supplies and recommended laptop for in class work	See Trimester A
Movement	n/a	General supplies	See Trimester A
Record Keeping	Hands Heal, Communication, Documentation and Insurance billing for Massage Therapists 5 <sup>th</sup> ed. (Thompson)		\$55 Hands Heal
First Aid & CPR	All coursework provided	General Supplies	
Student Clinic	n/a	<b>Linens/lotion</b> <b>Blanket/pillow</b>	\$45.00 \$60.00
<b>Trimester B – Books (\$219) + Supplies (\$110) = \$329</b>			

Trimester B is not a recommended starting point for the massage program. Bodywork 102 builds on Swedish and Bodywork 101. Pathology and Kinesiology build on Anatomy and Physiology. Trimester B classes are only offered January through April each year. The emphasis for this trimester is on *clinical pain management, injury recovery, and intermediate body sciences: pathology and kinesiology, keeping of professional records and the creation of a complete business plan in a written form. Students take meditation class in this trimester to promote mental focus.*

Students who choose to begin classes in Trimester B (January) must take Trimester A classes the following September to complete the massage program. This increases program completion from 10 months to 12.

# Idaho School of Massage Therapy

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## **Trimester (C) – Required Books and Supplies: April – June**

All costs are subject to change, estimates only and based on new cost as provided by Amazon.com. Used texts are acceptable. Obtain your books and supplies prior to class start from resources of your choosing. Cost is based on continued use of select Trimester A books, general supplies, linens, lotions and bedding and student insurance.

### **General supplies for all classes:**

Paper, pencil, pen, college ruled note paper, composition journal, 3 ring binder

<b><u>Class</u></b>	<b><u>Required Books</u></b>	<b><u>Supplies</u></b>	<b><u>Estimated Cost</u></b>
Reflexology Asian Bodywork Sports massage Lymphatic fac. Geriatric massage	Tappan's Handbook of Massage Therapy, Blending Art and Science, 6 <sup>th</sup> edition (Benjamin)	Foot powder Plastic basin Cleanser/Sanitizer General supplies Linens/towels Lotion/oil	See Trimester A  \$40 Supplies \$10 <u>General supplies</u>
Craniosacral Visceral massage	All coursework provided	Linens/bolster Lotion/oil General supplies	\$20 Lotion/oil
Student Clinic	n/a	General Supplies Linens & bedding	See Trimester A
<b>Trimester C – Books (see Trimester A) + Supplies (\$70) = \$70</b>			

Books for Trimester C are usually obtained in Trimester A and used throughout the program. Students who choose to begin classes in Trimester C (April) must take Trimester A & B classes the following September and January to complete the massage program. This increases program completion from 10 months to 12.

With the exception of Sports massage, Trimester C is an acceptable starting point for students who are willing to complete some outside study and practice. Trimester C classes emphasize several modalities aligned with eastern wholistic philosophies and are only offered April through June each year.

Class sizes are typically small: 4-12 students, except Saturday classes which combine Day and Evening students. For more information, an Open House is held before each Trimester start. All Admission Requirements are to be submitted prior to Enrollment/Registration and Student Orientation. Class details for each trimester and course syllabus' available at Trimester Student Orientation; attendance is required.

***Completion of all three trimesters, payment of all fees, return of all books loaned, passing grades of at least 70% in all classes and final demonstration of skills qualifies the student to receive an official transcript and a Massage Program certificate of completion. State Licensing requirements include completion of approved education program and receiving a passing grade on a State approved Massage Licensing Examination given by an independent entity. For more information and the cost of massage therapy licensing, check the Idaho Bureau of Licensing at [www.ibol.idaho.gov](http://www.ibol.idaho.gov) and Federation of State Massage Therapy Boards [www.fsmt.org](http://www.fsmt.org).***

**TUITION TOTAL:** 650 hours ~ \$9,720  
**Books and Supplies TOTAL:** ~ \$ 943 estimated